

Caregiver's Guide

Thank you for your purchase!

What's inside

40 printable cards (20 matching pairs) + 1 foldable box template.

How to prepare

1. Print on strong cardstock (200gsm+), full color.
2. Cut along all dashed lines — a caregiver or family member can help.
3. Fold and glue the box using the template page.

How to play (Classic Memory / Concentration rules)

Goal: find the most matching pairs.

1. Shuffle all 40 cards and lay them face-down in a grid.
2. Player 1 flips two cards. If they match, keep the pair and go again. If they don't match, flip both back face-down — turn passes.
3. Continue until all pairs are found.
4. Player with the most pairs wins — or play cooperatively, just for fun.

Tips for playing with someone with memory changes

- Start with fewer cards face-down at once (6–12) and add more over time.
- There's no wrong way to play — connection matters more than winning.
- If frustration shows up, pause. A short, happy round beats a long one.

Have fun connecting together — Mind Match